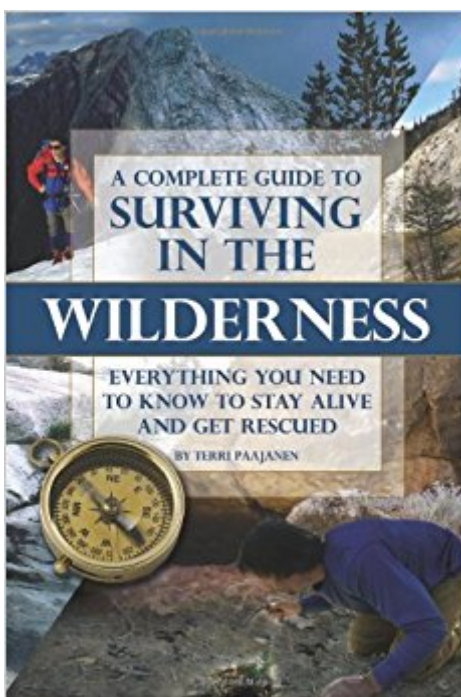


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A Complete Guide To Surviving In The Wilderness: Everything You Need To Know To Stay Alive And Get Rescued



Synopsis

Have you ever wondered if you have what it takes to survive in the wilderness? You aren't the only one. Shows like *Man vs. Wild* and *Survivor* are popular for a reason; we all love adventure, and many people wonder if they have what it takes to be a survivor themselves. Even though these shows might glamorize the stranded-on-a-deserted-island fantasy we've all had, making it in the wild is no small feat. Whether you are an outdoor enthusiast or a first-time hiker, there are many potential dangers when you enter the wilderness, and even visitors may find themselves facing unforeseen challenges. By reading *A Complete Guide to Surviving in the Wilderness: Everything You Need to Know to Stay Alive and Get Rescued*, you are taking the first step towards making it out of any potentially harmful wilderness situation alive. We've used information from actual army training manuals and have spoken to numerous experts to give you the tools you will need to become a real-life survivor. It's estimated that more than 100,000 search and rescue missions occur annually; if you become part of this statistic, ensure you make it out of the wilderness alive by using the tools found in this book. Because an emergency in the wilderness presents its own set of unique circumstances and challenges, it's imperative you know how to help yourself and others; you must be aware of potential dangers ahead of time and plan appropriately. This book will help you do just that. *A Complete Guide to Surviving in the Wilderness* will teach you everything you need to know in order to endure any situation in the wilderness, whether you are just camping and forgot matches, or if you find yourself in a situation where you have to fend for your life against nature. You will learn how to assess your surroundings, stay calm, develop a plan of action, and ultimately do what it takes to make it through whatever situation you may find yourself in and take an in-depth look into: Building shelter Foraging and identifying food that is safe to eat Purifying water to avoid dehydration Avoiding poisonous plants, animals, and other potential hazards There is also detailed information on first aid, climate-specific conditions to know and look out for, navigation, and much more potentially life saving information. This complete guide explains what you need to know in detail so you can worry about more important things, like your next adventure. It is very difficult to face the elements and succeed you must prepare yourself as much as you can and be ready to fight for your life. This book will show you how.

Book Information

Paperback: 288 pages

Publisher: Atlantic Publishing Group Inc. (July 21, 2014)

Language: English

ISBN-10: 1601385811

ISBN-13: 978-1601385819

Product Dimensions: 5.9 x 1 x 8.8 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #498,963 in Books (See Top 100 in Books) #130 in [Books > Sports & Outdoors > Survival Skills](#) #607 in [Books > Science & Math > Nature & Ecology > Reference](#) #879 in [Books > Sports & Outdoors > Hiking & Camping > Instructional](#)

Customer Reviews

Terri is living on five rural acres and slowly building it into a thriving organic farm. Although she grew up in the city, today she prefers a natural country life with her significant other and young daughter. By managing a freelance writing career from home, she can spend most of her time outdoors tending to both garden and livestock, which has given her a great deal of hands-on experience that she treasures. Not only has she gleaned her knowledge from experience, but also she has learned from the numerous helpful neighbors who seem to constantly have tips and suggestions to offer. Eventually, Terri hopes to be more self-sufficient and produce most of her own food. When not in the garden or barnyard, she studies genealogy and collects antique typewriters.

GREAT INFORMATION , ALWAYS PREPARE FOR THE WORST , BEING PREPARED , EVERYONE SHOULD

I found the book very informative and easy to read . simple practical things you can do and you don't have to be special forces accomplish .

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